



WELCOME LETTER
ATSX500
ST. PETERSBURG
All seasons resort IGORA
25-26 January 2019



WELCOME!

FOR PARTICIPATION

Competition is open to everybody, who older 16 y.o, who passed registration on atsx.org and icdh.ru and paid registration fee, and has athlete license.

Registration fee – 3500 RUB. (about 45 Euro) Fee should be paid at icdh.ru (Athletes – Registration - Payment) or onsite (deadline January 25, 2019, 18:00 GMT+3).

Event license (who don't have season license) should be paid in euro (15 Euro) to ATSX representative onsite.

Payment of the entry fee and the international license entitles the athlete to participate in the Event from 25 to 27 January 2019, under Rules of Riders Cup 2019

Athlete should fill and bring disclaimer to registration desk (available at atsx.org).

Ice Track

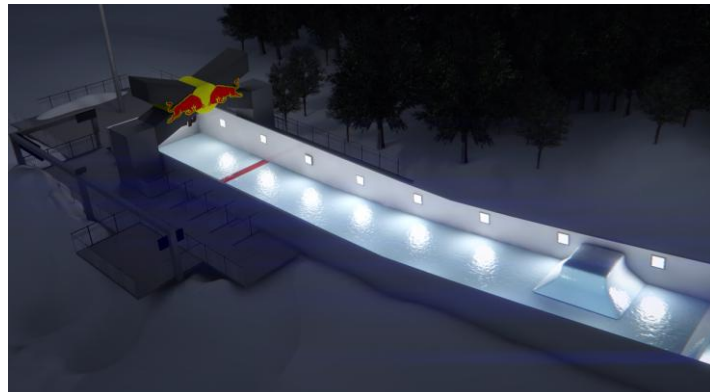
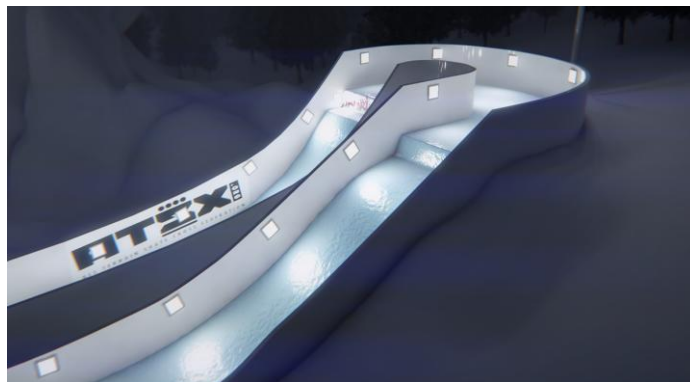
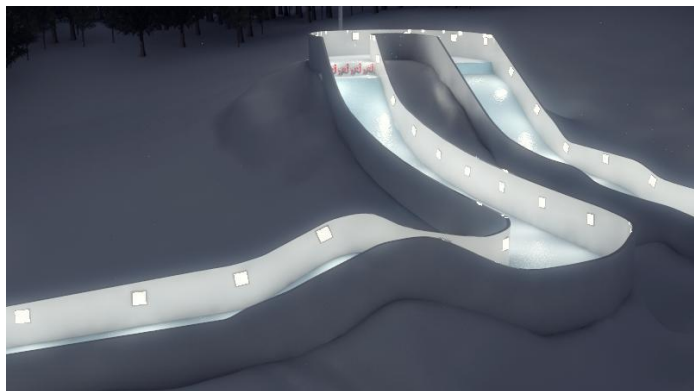
Length: 350m, natural ice

Width: 4m

Elevation drop: 24m

Filled with obstacles, steep start, jump, step-up and rollers.





Event

Men, women and juniors competition going to be at AT SX500, according to the rules .

Max. spots for men – 160

Max. spots for women –40

Max. spots for juniors - 30

Practice runs

Practice runs for participants comes on Thursday, January 24, 2019.

Additional practice on the track planned to be on Monday and Wednesday (21-24 January 2019).

Reminder!

Every rider should have insurance for the whole period of competing (that's a mandatory).

Without payment of the entry fee and the international license athlete is not allowed to participate.

Participants 16-17 y.o. should provide letter from parent with allowance to compete in extremal event.



SCHEDULE

21.01.2019/ Monday

10:00 - 12:00 Practice (1500 RUB) - chargeable
17:00 - 19:00 Practice (1500 RUB) – chargeable

22.01.2019 / Tuesday

10:00 - 12:00 Practice (1500 RUB) - chargeable
17:00 - 19:00 Practice (1500 RUB) - chargeable

23.01.2019 / Wednesday

10:00 - 12:00 Practice (1500 RUB) - chargeable
17:00 - 19:00 Practice (1500 RUB) - chargeable

24.01.2019 / Thursday

09:00- 19:00 **Athlete registration**
10:00 - 12:00 Practice (free for registered athletes)
17:00 - 19:00 Practice (free for registered athletes)

25.01.2019/ Friday

08:30 - 09:30 Athlete Briefing
09:30 – 10:00 Practice (1 run)
10:30 - 11:00 **QUALIFICATION JUNIORS (2 runs)**
11:00 - 11:30 **QUALIFICATION WOMAN (2 runs)**
11:30- 13:30 QUALIFICATION MEN (2 runs)
17:00-18:00 JUNIOR CHAMPIONSHIP
18:00-19:30 TEAM COMPETITION

26.01.2019/ Saturday (All day different activities)

7:30 8:00 Athlete Briefing
8:00 10:00 Race day practice
10:30 12:30 LCQ round
12:00-12:30 Warm up on ice (Ice Palace) with Emma Gadzieva (free)
12:30-14:00 Warm up work out and lecture from Alexandr Khohlov @guiltykilla (free)
14:00-15:00 Lecture from Red bull Media House photographer Denis Klero (free)
18:00 – 18:30 Athlete Briefing
19:00-21:00 ATSX500 Final (Men and Women)

SCHEDULE could be changed by the host



HOW TO GET TO

Information how to get to IGORA resort you can find on <http://icdh.ru> if you have any further questions please send email which you can find in Contacts

ACCOMMODATION

Accommodation available at IGORA apart-hotel. Two-leveled cottages include kitchen, living room and 2 bedrooms (each has it's own bathroom). Cottage could be booked for 6 people, in case of staying two guests in living room. Breakfast included in price of living.

(!) After registrations and pay registrations fee on <http://icdh.ru> , you will get a confirmation mail with link and promo-code for booking accommodation in apart-hotel.



ATHLETE'S AREA AND REGISTRATION:

Registration will be available from January 24th in the the Cinema-hall of the «Ice Palace». Athlete's Area located at the same place - in the the Cinema-hall of the «Ice Palace»

FOOD, FREE TIME:

All seasons IGORA have on their territory cafe and restaurant. For an additional fee you can visit SPA area, indoor pool, GYM and much more.



CONTACTS:

If you have further questions, please check *riderscup.ru*
or contact to COO of RICDF **DINA SAFAROVA:**

pr@icdh.ru

+79264209962 (WhatsUp, Facebook)

PARTNERS:

Russian Ice Cross Downhill Federation thanks for assistance of making Riders Cup 2018:

